

SUNDAY GOSPEL ACTIVITIES

The Solemnity of the Holy Spirit | June 7, 2020





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This week we celebrate The Solemnity of the Most Holy Trinity. We read from John 3:16-18. In this Sunday's gospel, we learn that God loved us so very much that he sent his son Jesus to teach the world the way to love.

Jesus gave his life so that we too might one day have life in heaven with God. The gospel teaches that God did not send Jesus to condemn the world, but instead to draw the world closer to himself. In Jesus and through Him, we have everlasting life.

We live in a challenging time. We are called to love the way Jesus loves - unconditionally. We are called to be peacemakers. Jesus and our Heavenly Father are counting on us to be His hands and feet, eyes and ears - and heart - in our world today.

In order to know God's will in our lives, we first must learn to make the time to sit with Him and open our hearts. Daily prayer is an important first step to peace of mind, heart and soul. This week, set aside time to pray everyday as a family the Rosary. The Rosary is a powerful prayer and when we learn and meditate on the mysteries of the Rosary we learn the life of Jesus.

It can be done in as little as 15 minutes a day. This summer is the perfect time to adopt this daily spiritual exercise. Visit www.familyrosary.org for Rosary resources.