

# SUNDAY GOSPEL ACTIVITIES

Seventh Sunday of Easter | The Ascension of the Lord  
John 17:1-17 or Matthew 28:16-20



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Today, depending upon the diocese in which you live, we celebrate either the Seventh Sunday of Easter or The Ascension of the Lord. We read from either John 17:1-17 or Matthew 28:16-20. In John's Gospel reading for the Ascension, Jesus appears to the disciples in Galilee and tells them to go and proclaim to all the nations all that He has taught. The reading from Matthew confirms Jesus as God's only Son - and that everything He proclaims comes directly from our Heavenly Father.

Next week we celebrate the Feast of Pentecost in the Catholic Church. Do you remember what that is? The readings this week are "setting the table" for Pentecost. Jesus is directing His followers very specifically about all that they are to do in His name. Once again, while He is speaking to the Twelve Apostles, He is speaking directing to you and I. We are called to be His hands and feet, eyes and ears in our world. Especially during this time, we are called to bring the peace, light and joy of Jesus to all whom we encounter.

**“All power in heaven and on earth has  
been given to me.**

**Go, therefore, and make disciples of all  
nations,**

**baptizing them in the name of the  
Father,**

**and of the Son, and of the Holy Spirit,**

**teaching them to observe all that I have  
commanded you.”**

**Matthew 28:18-20**

